

# Together as one

we walk to stop Crohn's and colitis.

## Take your Gutsy Walk—and your team—to the next level.

**Run a 'Survivor' fundraiser!** Not only will you be helping to provide funds that will be invested in new and exciting research projects to help better the lives of those living with Crohn's disease or ulcerative colitis, but you'll have a lot of fun too!

### **Here's how you can run your own Survivor fundraiser in support of this year's Gutsy Walk for Crohn's and Colitis Canada:**

Provide a selection of gift cards or other prizes and compete to win them all! It's easy to plan and take part in. To play, a person needs to bring a selection of gift cards/prizes (suggested \$15-20 value); a card with their name and a completed pledge form for the Gutsy Walk for Crohn's and Colitis Canada (if submitting funds through the mail). Pull one or more name cards per day and send an email or announcement to participants with the eliminated names. The last name(s) remaining wins all the prizes!

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**Fun tip:** Participants can alliances and split the winning gift cards between competitors.

## Materials Needed

- Gift cards or other prizes
- Cards with participants' names on paper
- Pledge forms (if submitting funds via snail mail)

## Guidelines

- Draw a name out of the hat each day until only one is left. That person wins all the prizes.
- Alliances can be formed amongst competitors to split the prizes.
- Have fun!